

Ingredients list 2025

Sausage Roll – Water, **WHEAT** Flour (contains Calcium carbonate, Iron, Niacin & Thiamin) Pork (20%) Margarine, Palm Oil Palm Stearin, Water, Salt, Rapeseed Oil, Emulsifier (E471), Acidity Regulator (E330), Lemon Juice, Rusk, **WHEAT** Flour, Water, Salt, Raising Agent (E503ii), Pork Fat, **WHEAT** Starch, Glaze, Water, Modified Starch, Rapeseed Oil], MILK Proteins, Emulsifiers (**SOYA** Lecithin, E471), Acidity Regulator (E339iii), Colour (E160a), Lincolnshire Seasoning, **WHEAT** Flour, contains Calcium carbonate, Iron, Niacin, & Thiamin, Salt, Lo Salt (Potassium Chloride, Salt), Spices (White Pepper, **MUSTARD**, Nutmeg), Herbs (Sage, Marjoram, Thym, Oregano), Dextrose, Preservative (Sodium **SULPHITE**, Emulsifier (E451), Yeast Extrac, Antioxidant, (E301), Spice & Herb Extracts (Bouquet Garni, Pepper, Sage, Ginger, Nutmeg, Cayenne)], Pea Starch, Salt, Rubbed Sage, Ground White Pepper.

Potatoes – Potato, **SOYA** bean oil

Cheese and Onion Roll - Water, Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Vegetable Fat (Palm Oil, Water, Rapeseed Oil, Salt, Emulsifier (Mono- and Diglycerides of Fatty Acids)), Onion (7%), Dehydrated Potato (Potatoes, Emulsifier (Mono-and Diglycerides of Fatty Acids), Stabiliser (Sodium Acid Pyrophosphate), Acidity Regulator (Citric Acid)), Cheddar Cheese (**MILK**) (3%), Red Leicester Cheese (**MILK**) (2%) (contains Colour (Beta Carotene)), Whole **MILK** Powder, Modified Maize Starch, Cheese Powder (**MILK**), Salt, Onion Powder, Stabiliser (Methyl Cellulose), Glaze (Water, **WHEAT GLUTEN**)

Baked Beans - Beans (49%), Tomatoes (24%), Water, Sugar, Salt, Modified Maize Starch, Glucose-Fructose Syrup, Onion Powder, Ground Paprika, Flavouring.

Fruit Yoghurt –

Toffee Flavour: Wholemilk yogurt (MILK), cream (5.7%) (MILK), sugar, water, glucose syrup, sweetened condensed skimmed milk (MILK), salted butter (MILK), Stabiliser: modified waxy maize starch, natural flavouring, colour: burnt sugar syrup, sea salt, preservative: potassium sorbate

Apricot: Wholemilk yogurt (MILK), cream (5.7%) (MILK), Sugar, Apricot puree (3.4%), water, stabiliser: modified waxy maize starch, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate

Strawberry: Wholemilk yogurt (MILK), Cream (5.7%) (MILK), Sugar, Strawberry puree (3.4%), water, stabiliser: modified waxy maize starch, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate.

Blackcurrant: Wholemilk yogurt (MILK), Cream (5.7%) (MILK), Sugar, Blackcurrant puree (3.4%), water, stabiliser: modified waxy maize starch, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate

Beef burger – Beef (62%), Beef Heart, Water, Rusk (contains **WHEAT** Flour (Calcium Carbonate, Iron, Niacin, Thiamin), Salt, Raising Agent (Ammonium Bicarbonate)), Seasoning (contains Salt, Dextrose, Hydrolysed **SOYA** Protein, Preservative (Sodium **METABISULPHITE**), Antioxidants (Sodium Ascorbate, Ascorbyl Palmitate, Alpha-Tocopherol), Natural Flavouring, Emulsifiers (Diphosphate, Triphosphate, Polyphosphate)), Isolated **SOYA** Protein (**SULPHUR DIOXIDE**), Onion.

Bun – **WHEAT** Flour (with Calcium, Iron, Niacin and Thiamin), Water, Sugar, Yeast, Vegetable Oils (Palm and Rapeseed), Salt, Emulsifiers (E472e, E471), Preservative (E282), Flour Treatment Agent (E300).

Vegetable Burger - Potatoes (44.8%),Vegetables (36.3%) (Onion Carrot, Sweet Corn, Peas, Broccoli) Sunflower Oil, Palm Oil, Breadcrumbs (**WHEAT** Flour, Yeast, Salt, Dextrose, Vegetable Oil (Palm, Sunflower), Turmeric, Paprika, Emulsifier (E472e)),**WHEAT** Flour, **MILK** Protein, Salt, **WHEAT** Starch, Flavouring (**CELERY**),Vegetable Broth (Salt, Maltodextrin, Lactose, Yeast Extract, Canola Oil, Sugar, Vegetables (Onion, Carrot, Leek, Parsley), Mace),Glucose Syrup, **MUSTARD**, Stabiliser(E464), Spices, Lactose, Whey Powder, Yeast Extract, Onion Powder, Skimmed **MILK** Powder, Garlic Powder

Tortilla Chips - Corn flour (79%) sunflower oil, salt.

Shortbread – **WHEAT** Flour. Dairy free spread (plant oils (sunflower, rapeseed, palm)), Water, Salt, Plant based emulsifier (sunflower lecithin), Vinegar, Natural flavouring, Vitamin A. Sugar.

Chicken and Mushroom slice - Water, **WHEAT** Flour, Margarine [Palm Oil, Palm Stearin, Water, Salt, Rapeseed Oil, Emulsifier (E471), Acidity Regulator, (Citric acid), Lemon Juice], Cooked Chicken (13%) [Chicken Breast, Salt], Mushroom (3%), Fat Powder [Palm Oil, Lactose (**MILK**), **MILK**, Protein], Onions, Glaze [Water, Modified Starch (Potato, Tapioca), Rapeseed Oil, **MILK** Proteins, Emulsifiers (SOYA Lecithins, E471), Acidity Regulator (E339iii), Colour (Carotenes)], Sauce Mix [Modified, Maize Starch, Fat Powder (Palm Oil, Lactose (**MILK**), **MILK** Proteins), **WHEAT** Flour, Whole **MILK** Powder, Salt, Yeast Extract, Hydrolysed, Vegetable Protein, Flavourings (Pepper, **CELERY**, Onion, Bouquet,Garni)], Chicken Stock [Chicken, Yeast Extract, Salt, Chicken Fat, Rehydrated Vegetable Powders (Leek, Onion), Sugar, Concentrated Lemon, Juice, Natural Black Pepper Flavour, Sage Oil], Thickener (E1422), Roast Chicken Stock [Roast Chicken, Chicken Fat, Maltodextrin, Yeast, Extract, Glucose Syrup, Salt, Natural Flavouring, Sugar, Concentrated Chicken Extract, Concentrated Lemon Juice, Onion Powder], Salt, Emulsifier (E464), Onion Powder, Yeast Extract, White Pepper, Black Pepper

Cheese Savoury Wrap - Cheddar Cheese (**MILK**), Mayonnaise (**EGG**), Spring Onion, Peppers, Tomato. **WHEAT** Flour (Fortified with Calcium, Iron, Thiamin, Niacin), Water, Emulsifier [Vegetable Oils (Rapeseed Oil, Palm Oil), Glucose, Salt, Sodium Stearoyl-2-Lactylate, Mono- and Di-Glycerides of Fatty Acids, Flour Treatment Agent (Ascorbic Acid)], Yeast, Semolina (**WHEAT**) (2%). **Tortilla Wrap** - (**WHEAT** Flour (60%), Water, Palm oil, Stabilisers, E422. E412. **WHEAT** Gluten, Salt, Bean Flour, Raising Agent E450 E500, sugar, Glucose syrup, Acid E296, Malt (**WHEAT**, **BARLEY**), emulsifier E471; Preservatives E282, E202; **OAT** Flour, Yeast, Flour treatment agent E920

Chicken Curry - Chicken, Onion, Peppers, Tomatoes, **Knorr Tikka Curry Sauce** - (water, concentrated tomato puree (14%), single cream (**MILK**) (10.5%), yogurt (**MILK**) (7%), rapeseed oil, spices (4%) (cumin powder, coriander powder, paprika powder, turmeric powder, green cardamom, ground black pepper, chilli powder, cinnamon powder), modified maize starch, dried onions, sugar, ginger puree (1.7%), garlic puree, salt, paprika extract, acid (lactic acid), cumin seeds, dried coriander leaf.

Mini Naan Bread - Wheat Flour [**Wheat** Flour, Calcium Carbonate, Iron, Niacin, Thiamin], Water, Rapeseed Oil, Yeast, Spirit Vinegar, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate, Calcium Phosphate), Kalonji Seed, Salt, Preservative (Calcium Propionate)

Orange Jelly - Sugar| Bovine Gelatine| Acidity Regulator (Citric Acid)| Colour (Annatto)| Antioxidant (Trisodium Citrate)| Flavouring.

Frozen Chips – Potatoes (97%), Palm oil

MSC Battered fish fillets – MSC Pollock (theragra chalcogramme) (**FISH**) (50%), Water, Fortified **WHEAT** flour (**WHEAT** flour, calcium carbonate, iron, niacin, thiamin), Maize starch, Rapeseed oil, Dextrose, Yeast extract, Stabiliser (xanthan gum).

Pizza - WHEAT Flour (76%) (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Water, Pre-mix [WHEAT Flour (WHEAT Flour, Calcium Carbonate, Niacin, Iron, Thiamine), Sugar, Potassium Chloride, Salt, Emulsifier: Mono- and Diacetyl tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids, Flour Treatment Agent: Ascorbic Acid], Yeast, Rapeseed Oil. Tomatoes (98.3%), Salt, Vegetable oil, Sugar, Oregano, Basil, Onion, White Pepper, Acidity Regulator (Citric Acid), Cheddar Cheese (**MILK**) 100%

Spaghetti Hoops - Spaghetti Hoops (38%) (Durum **WHEAT** Semolina, Water), Water, Tomatoes (18%, Sugar, Salt, Thickener (Modified Maize Starch), Wine Vinegar, Natural Flavours (Contains **CELERY**), Onion Powder, Acidity Regulator (Citric Acid), Paprika Extract.

Choc Ice - Partially Reconstituted skimmed **MILK** concentrate, **MILK** chocolate flavour coating (27%) (coconut oil, sugar, whey powder (from **MILK**), Fat reduced cocoa powder, Emulsifier (soya lecithin)), Glucose syrup, Coconut oil, Sugar, Whey powder (from **MILK**), Emulsifier (mono and diglycerides of fatty acids), Flavourings, Stabilisers (guar gum, sodium alginate), Colour (carotenes)

Tomato Pasta Bake – (durum **WHEAT** semolina), **Tomato Sauce** - Onion, Peppers, Garlic Powder, Mixed Herbs (Marjoram, Thyme, Parsley, Basil, Savoury). Ground Black Pepper, Tomatoes, Sugar, Vegetable Bouillon (salt, vegetable oil (palm, sunflower), potato starch, sugar, maltodextrin, yeast extract, flavourings (contain **CELERY**), carrots (2.4%), onion Powder (2%), spices (**CELERY** seeds, turmeric, pepper), parsley, soya bean oil (**SOYA**), anti-foaming agent E900). Chopped tomatoes (tomatoes, tomato juice, acidity regulator: citric acid. Cheddar Cheese (**MILK**))

Ham and Cheese Panini – **WHEAT** flour (with calcium, iron, niacin and thiamine), Water, Yeast, Extra virgin olive oil, Salt, Flour treatment agent (E300). , **Ham** - Pork (80g pork per 100g finished product), water (11%), cure mix (pea starch, dried glucose syrup, dextrose, tapioca starch, stabilisers (E451, E450)), salt, yeast extract, antioxidant (E301), potato fibre, preservative (E250)), waxy maize starch), **Cheese** - (whole **MILK**, salt, starter culture, non-animal rennet).

Garlic Bread - (**WHEAT** flour (**WHEAT** flour, calcium carbonate, iron, niacin, thiamine), water, margarine (15%), (rapeseed oil, palm oil, water, emulsifier: (mono and diglycerides of fatty acids), flavourings, colours: (annatto bixin, curcumin)), garlic puree (2.5%), salt, yeast, parsley, flour treatment agent (ascorbic acid) **WHEAT** Flour).

Meatballs - Pork (65%), Water, Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Salt, Spices, Dextrose, Sugar, Raising Agent: Ammonium Bicarbonate; Flavouring, Stabiliser, Diphosphates, Preservative, Sodium **METABISULPHITE**, Marjoram

Vegan Meatballs - Water, SOYA Protein (19%), Onion, Sunflower Oil, Tomato Paste, Chickpea Flour, Thickener (Methyl Cellulose), Brown Sugar, Raising Agent (Sodium Bicarbonate), Flavouring, Salt, Garlic Powder, Colour (Caramel), Natural Flavouring, Black Pepper.

Chocolate Shortbread - WHEAT Flour. Dairy free spread (plant oils (sunflower, rapeseed, palm)), Water, Salt, Plant based emulsifier (sunflower lecithin), Vinegar, Natural flavouring, Vitamin A. Sugar. Cocoa Powder - Fat Reduced Cocoa Powder. Contains cocoa butter 10% minimum

Strawberry frozen yoghurt ice cream – Water, Sugar, Palm oil, Whey solids (MILK), Whey powder (MILK), Yoghurt powder (MILK) Dextrose, Skimmed MILK powder, BUTTERMILK powder, Emulsifier: mono and di-glycerides of fatty acids, Stabilisers: Guar gum, Xanthan gum, locust bean gum, Colour: beetroot red, Flavouring.

Raspberry frozen yoghurt ice cream - Water, Sugar, Palm oil, Whey solids (MILK), Whey powder (MILK), Yoghurt powder (MILK) Dextrose, Skimmed MILK powder, BUTTERMILK powder, Emulsifier: mono and di-glycerides of fatty acids, Stabilisers: Guar gum, Xanthan gum, locust bean gum, colour: beetroot red, Flavouring.

Chocolate frozen yoghurt ice cream - Water, Sugar, Palm oil, Whey solids (MILK), Whey powder (MILK), Yoghurt powder (MILK) Dextrose, Skimmed MILK powder, BUTTERMILK powder, Emulsifier: mono and di-glycerides of fatty acids, Stabilisers: Guar gum, Xanthan gum, locust bean gum

Toffee frozen yoghurt ice cream - Water, Sugar, Palm oil, Whey solids (MILK), Whey powder (MILK), Yoghurt powder (MILK) Dextrose, Skimmed MILK powder, BUTTERMILK powder, Emulsifier: mono and di-glycerides of fatty acids, Stabilisers: Guar gum, Xanthan gum, locust bean gum, colour: Caramel, flavouring.

Chicken Burger - 51% chicken meat, water, WHEAT FLOUR, rapeseed oil, corn flour, salt, starch, herbs, spices, dextrose.

Roast Chicken Dinner - 100% Chicken meat, **Roast Potatoes** – Potato, sulphites, **Carrots, Broccoli, Gravy - Maltodextrin**, Potato Starch, Salt, Sugar, Flavourings, Yeast Extract Vegetables (Onion Powder, Tomato Puree Powder), Caramel Syrup, Palm Fat, Thickener (Guar Gum), Sunflower Oil, Sage. **Yorkshire Pudding** – Fortified Wheat Flour (**WHEAT** Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Whole **EGG**, **EGG** white, Water, Rapeseed Oil, Skimmed **MILK** Powder, Salt.

Raspberry Jelly crystals – Sugar, Bovine Gelatine, Acidity regulator (citric acid), Antioxidant (trisodium citrate), Colour (beetroot juice powder), Flavouring

Oaty Flapjack - Mornflake Oat Flakes (100% oatflakes (**WHEAT**)), Golden Syrup (partially inverted sugar syrup), Light Brown Sugar (sugar, humectant: glycerol), Dairy Free Spread (plant oils (sunflower, rapeseed, palm), water, salt, plant based emulsifier (sunflower lecithin), vinegar, natural flavouring, vitamin A).

Sausage and Mash - Pork Sausage - (pork, 56%), Water, Rusk (**WHEAT** flour, calcium carbonate, iron, niacin, thamin), Stabiliser E451, Preservative E221 (**SULPHITES**), Flavour Enhancer; E621, Spices (white pepper, black pepper, cayenne chilli), Flavourings (**SULPHITES**), Yeast Extract, Spice Extracts (black pepper, nutmeg, capsicum, ginger), Sunflower Oil, Maltodextrin, Antioxidants: E307; E304, Acid: E330, Colour: E120, Filled into a natural hog casing. Mashed Potato - Potato, Dairy Free Spread (Plant oils (sunflower, rapeseed, palm)), Water, Salt, Plant Based Emulsifier (sunflower lecithin), Vinegar, Natural flavouring, Vitamin A.

Vegetable fingers - Vegetable Filling (74%), Breadcrumbs, Vegetable Oil, Batter, Vegetable Filling: Vegetables (56%)(Sweetcorn, Carrot, Peas), Water, Potato Flakes, **WHEAT** Flour, Salt, Onion Powder, Rice Starch, Turmeric, Breadcrumb: **WHEAT** Flour, Water, Yeast, Salt, Batter: **WHEAT** Flour, Water, Potato Starch, Salt, Total Vegetable content of Finger is 41%.

Meat Free Mince - Rehydrated Textured **SOYA** Protein (96%), Rapeseed Oil, Yeast Extract, Malted **BARLEY** Extract, Onion Powder, Garlic Powder, Cornflour, Dextrose, Salt, White Pepper

Bolognese – 15% fat Minced Beef, Vegetable Bouillon – Modified Starch, Salt, Palm Fat, Rice Flour, Yeast Extract, Sugar, Onion Powder 2.6%, Sunflower Oil, Spices (contains CELERY), Tomato Powder 1.7%, Carrot Powder 0.7%, Herbs 0.5%, Vegetable Extract Tomatoes, Mixed Herbs, Onion, Salt, Sugar, Black Pepper, Garlic Powder.

Pasta - Durum WHEAT Semolina, Water.

Mixed Berries - Strawberries (20%), Raspberries (15%), Red currant (25%), Black currant (15%), Blue berries (7.5%), Blackberries (17.5%)

Double Cream - (MILK)

Fish Fingers - Minced Cod (56%) (FISH), Wheat Flour [WHEAT Flour, Calcium Carbonate, Iron, Niacin (B3), Thiamin (B1)], Sunflower Oil, Water, Yeast, Salt, Colours: Capsanthin, Curcumin; Turmeric.

Chocolate Chip Cookie – Dairy Free Spread (plant oils (sunflower, rapeseed, palm), water, salt, plant based emulsifier (sunflower lecithin), vinegar, natural flavouring, vitamin A. Caster Sugar, EGG, Self-Raising Flour, Chocolate Chips (MILK).

Arctic Roll - Water, Plain Sponge (23%) [WHEAT Flour, Water, Sugar, Dextrose, EGG Blend (EGG, Egg White), SOYA Flour, Raising Agents, (Disodium Diphosphate, Sodium Carbonate), Skimmed MILK Powder, Emulsifiers (Mono- and Di-Glycerides of Fatty Acids, Polyglycerol Esters of Fatty Acids)], Sugar, Palm Oil, Whey Solids (MILK), Whey Powder (MILK), Skimmed MILK Powder, Buttermilk Powder (MILK), Glucose, Stabilisers, (Guar Gum, Xanthan Gum,

Locust Bean Gum, Caboxymethyl Cellulose, Pectin) Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Colours (Beetroot Red, Beta Carotene),Flavouring, Acidity Regulator (Citric Acid), Preservative (Potassium Sorbate).